

The INSIDER

An Independent Newspaper
For Wynmoor Residents

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Please identify the nature of your submission on your envelope: Example: Calling All Clubs, Neighborly News, Pen to Paper, Etc.

Deadline: The 10th of each month at Noon. This applies to all articles, photos, classified ads, etc.

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SECURITY NEWS

Dispatch: 954-978-2667

For Medical and Life/Health Threatening Emergencies, Always Dial 9-1-1 FIRST!

Remember to STOP at ALL Stop Signs. The speed limit around Wynmoor Circle is 25 MPH and 15 MPH on the North Road and in the villages. Citations will be given out to those who Second Offense: \$50 Fine violate the road rules. First Offense: \$25 Fine

Remember that Cyclists Must Obey Traffic Laws, including the flow of traffic, obeying traffic signs and signals, observing basic rules regarding turns and lane changes.

Crime Prevention Round Table: Be informed! Know what is going on in your community! Come to the Crime Prevention Round Table, sponsored by the Coconut Creek Police Department.

Your Guest List

Unit owners or tenants are responsible to call in their guests, including aides/nurses, cleaning people, personal transportation, realtors, contractors and vendors.

Make sure your guests have I.D.s ready when approaching the gate for proper verification. They must have the NAME and ADDRESS of the resident they are visiting.

Important Numbers

For Medical Emergencies Always Dial 9-1-1 **Emergency:** 954-978-2663 Automated Gate Access: 954-978-2666 **Security Dispatch:** 954-978-2667 Coconut Creek Police, Non-Emergency: 954-346-4400

Hours of Operation

Administration/Pool/BBQ: 7:00 AM - 10:00 PM Fitness Center: 6:00 AM - 10:00 PM Country Club: 8:00 AM - 11:00 PM **Racquet Center:** 8:00 AM - 8:00 PM Theatre Complex: (Movies Only) 7:00 PM(unless there is a specific approved event)



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From the President

Good day, Wynmoor Residents!

We truly live in a country club-style community with exceptional amenities for all to enjoy. A thriving community like Wynmoor doesn't just happen, it takes dedicated effort, thoughtful planning, and an incredible team to maintain our high standards. Our administrative staff and volunteers go above and beyond to keep Wynmoor running smoothly. This isn't just a job for them—it's their home, too. So, the next time you see a staff member or volunteer, take a moment to say hello or thank them for their hard work!

Rest assured, our administration, staff, and Management Committee Officers are continuously working to upgrade Wynmoor's facilities and common areas to exceed your expectations. We remain busy, but it's truly a labor of love!

As Wynmoor is your home, we kindly ask that you treat all areas with the same care and respect you would your own living space. If you use the grill, tables, or chairs, please take a moment to clean up and leave them as you found them, so the next person can enjoy them. Also, just a friendly reminder to turn off the grill when you're finished. It's important for everyone's safety and peace of mind. Thank you so much for helping us keep our space welcoming for all!

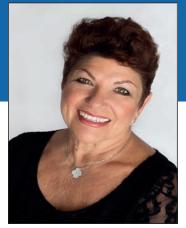
As Hotwire continues to provide internet services to our residents, please note that each unit has its own unique setup and may require custom installation. Because of this, there is no one-size-fits-all solution, and we kindly ask for your patience as we work through the process.

If you have any questions or concerns, a customer service representative is always available to assist you. You can find them at the Clubhouse in the library. Thank you for your understanding and cooperation!

Mark your calendars for May 6th! Join us in the Lecture Hall at 7:00 p.m. for an exclusive chance to meet the Judges up close and personal. Following the event, we'll be gathering in the Grand Ballroom for refreshments and great conversation.

This is your chance to connect with the Judges, learn more about their work, and build lasting professional and personal connections. You won't want to miss it!

Join us for our weekly gathering at the library! Enjoy a cup of tea and cookies, meet the administration and staff, and, most importantly, make new friends. The view of the golf course from the library is simply spectacular!



We're thrilled to announce that we've recently replaced the awnings at the Cove, giving the area a fresh new look. As part of our ongoing improvements, we are also in the process of updating the space with beautiful new furniture to further enhance the atmosphere of this beloved spot. Whether you're stopping by to enjoy the view or simply relax in a more inviting space, these upgrades are designed to make your experience even more enjoyable.

Stop by the library to view a collection of renderings and "ideas" that showcase potential updates to both the library and ballroom areas. These concepts are designed to enhance the functionality and aesthetics of these spaces, offering fresh and modern "ideas" while preserving their charm.

As we observe Memorial Day on Monday, May 26th, we take the opportunity to honor those who made the ultimate sacrifice for our country. The phrase "Freedom is Not Free" is a powerful reminder of the sacrifices made by our servicemen and women, as well as their families who have endured time apart from their loved ones. Our prayers and gratitude are with them always.

To all the mothers, daughters, sisters, aunts, grandmothers, and great-grandmothers—every woman who has touched someone's life in a meaningful way—whether through guidance, encouragement, or love—we celebrate you! Thank you for your kindness, wisdom, and strength. **Happy Mother's Day!**

Wishing you all a wonderful month ahead!

Take care and stay safe,

GOD BLESS!

Jackie Railey

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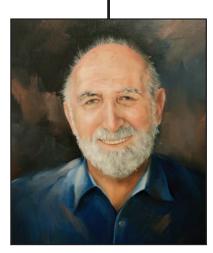
Nature and Arts Club Visits the HARID Conservatory











A portrait of HARID'S founder, Fred Lieberman, hangs in the school



Gordon Wright, a former professional dancer, has been the school's director since 1992

By Vicki Mitchell

Would you believe that principal dancers and soloists from renown ballet companies around the world honed their skills in nearby Boca Raton? It's true, and it's been happening for over 35 years at The HARID Conservatory. The Nature and Arts Club recently visited the Conservatory where the program included a catered lunch, an informative talk by long time director of the school, Gordon Wright, and the opportunity to observe a class of first year students as they practiced their skills.

The 4-year program at the school includes high school level classes held via Florida Virtual School for 4 hours every school day, followed by a variety of dance classes, primarily ballet but also jazz, modern, Spanish, and partnering classes. The curriculum also includes Pilates, kinesiology, nutrition and dance history. There are also classes held every Saturday morning, making for a very rigorous program. The three pillars of the school, as explained by Wright, are artistic, academic and citizenship.

The school was founded by an anonymous philanthropist and businessman in 1987, who specified that the school be tuition free for all students who were selected based on their desire and ability to become professional ballet dancers. Upon his death, it was revealed that the generous benefactor was Fred Lieberman.

"Fred's commitment to the students and their aspirations was remarkable," said Wright, who was aware of the founder's identity. Prior to Lieberman's death, students would guess that the conservatory got the name HARID from the saying "Have A Really Incredible Day." In reality, it was named after his parents, Harry and Ida Lieberman.

The students are recruited via social media (the school's website,) student ballet competitions, and by the director and faculty traveling extensively to recruit talent from around the world. Only about 40 students are selected and enrolled in the school, with about 25-30% being male. In addition to the United States, current students hail from Canada, Peru, Turkey, Taiwan, Brazil and Ecuador, for instance. All students live on the 5-acre campus, which includes a spacious residence hall, four dance studios, classrooms, a library, and landscaped courtyards.

The school prepares and assists those students who wish to continue their studies in a college program, as well as those who choose to move directly into performing professionally. In that regard, HARID has an excellent record of accomplishment, and its alumni have been employed by more than 80 professional dance companies across the world! Many have become soloists and principal dancers in leading companies. Says Wright, "American Ballet Theater principal and social media influencer Isabella Boylston may be our most recognizable alumna at this time. But other ABT dancers, Lauren Post, Isadora Loyola and Cy Doherty are also graduates. Amanda Assucena is a much-featured dancer with the Joffrey Ballet, and John Abenanty was a soloist with the Sofia National Opera Ballet in Bulgaria before joining Orlando Ballet where he is dancing principal roles. The list goes on," he concluded. From the one class we observed it was easy to see the high level of skill and dedication that the young dancers displayed. Twice a year, in May and December, the school presents performances which are open to the public. Check the school's website for information on the upcoming performance.

All in all, it was another interesting and enjoyable trip for members of The Nature and Arts Club!



First year students pose with their instructor Vicki Snyder (right) and piano accompanist after finishing a class



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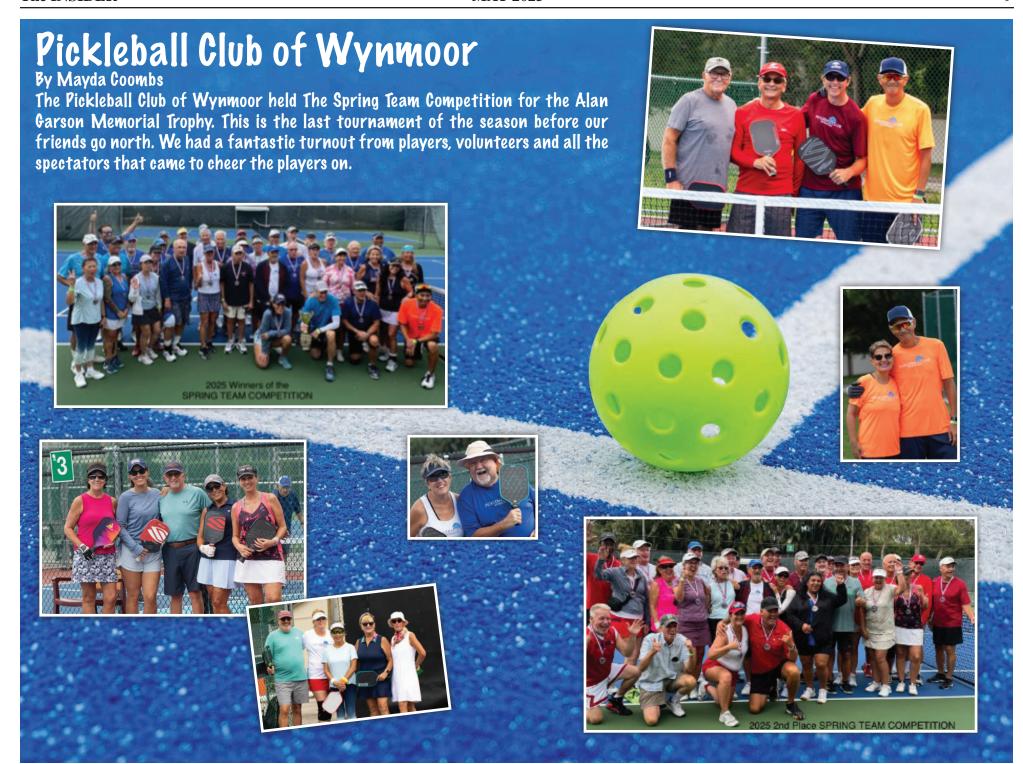
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Do Nothing and Feel Better!

By Manohara Ferretti, MDiv

Did you know that doing nothing can be one of the best things for your health?

Taking time to sit and simply notice your breathing, slowing it down and not giving in to the demands for daily living for just 20 minutes each day can add years to your life and peace to your mind. Studies conducted at the University of Massachusetts Medical School, where Jon Kabat-Zinn developed Mindfulness Based Stress Reduction, have shown that mindfulness meditation can reduce pain and anxiety.

Mindfulness Meditation is rooted in ancient Buddhist traditions and is now gaining ground as an antidote for type-A stress, chronic pain, depression, insomnia, and even the side effects of cancer treatment.

The practice of Mindfulness can take many forms. Some suggestions are: **Mindful Walking:** simply being aware that you are walking. Instead of being carried away by your thinking, worries about the future, or regrets about the past, focus complete attention on each step and stay in the present moment.

Mindful Seeing: This is about bringing attention to the beauty of nature. Using the eyes as receivers to delight and bring peace. Look out over a vista...the beach, for example, and become absorbed in the colors, textures, details of the horizon, sky and waves. Peace and relaxation come easily in such moments.

Mindful Breathing: Create a special time and place each day for non-doing. Sit alertly, relax the body and simply begin by noticing that you are breathing. Be dispassionate at the reactions and habits of your mind. Notice any judgments or expectations and gently let them go. Silently count "1" on inhalation and "2" on exhalation, "3" on inhalation, "4" on exhalation, and so on. When you reach 10, return to 1. If you go beyond 10, your mind has wandered. Look to see where it went and gently bring it back to the present moment by inviting it to count again. Allow the breath to become deeper and slower. Practice this for 15-20 minutes.

Mindful Eating: Bringing your full attention to the taste, smell, color and texture of the food you eat not only brings a peaceful quality to your meals, but it also helps you to feel more satisfied and can be a wonderful aid to weight reduction. Sipping your coffee or tea with greater awareness is a great way to start the day or take an afternoon break.

Mindfulness can be applied to any ordinary task, such as driving mindfully, washing the dishes mindfully, or mindfully listening. Mindfulness is about

slowing down, setting aside any concerns, and focusing your full attention on what is happening right now.

In other words, remembering to stop and smell the roses! For questions or comments, Manohara can be reached via email at revmanohara@gmail.com.

The Difference Between Us

By Jayne Chapman

I went to a group meeting the other day. When it was my turn to speak, I shared that several years ago I made a promise to myself: to wake up each day determined to live in joy. But lately, I've found that much more difficult—given what's happening in our country and around the world.

Others spoke, and then it was the turn of a woman I've never quite seen eye-to-eye with. She said that the person—meaning me—who found it hard to feel joy should just look around. We have the sun, beautiful surroundings, pools to swim in, and more. She ended by saying I should stop complaining about what I don't have and be grateful for what I do.

I had to leave for another appointment and didn't get a chance to respond. But here's what I wish I'd said.

I am grateful. I have everything I need and more. I love to travel and have several exciting trips planned. I have wonderful friends who love and support me, as I do them. I love my home and my community. I belong to engaging groups and enjoy great shows at our local theater. I have no complaints about my life.

But here's the thing: I think there are essentially two kinds of people—those who consider the lives of others, and those who mainly think of themselves.

If I didn't care about children who will suffer or die because of drastic cuts to the programs they rely on...

If I didn't cry over the fact that access to healthcare is being stripped away from those who need it most...

If I didn't worry about women losing the right to make decisions about their own bodies...

Then yes, maybe I could wake up each day and feel joy. Maybe I could float through my beautiful life, untouched and undisturbed.

But that's not who I am. That's not who my friends are.

And that is the difference between us.

People struggle to get along because, sometimes, we hold up a mirror—and they don't like what they see. Honestly? I don't like what I see either. But I won't look away.

Be a good Neighbor. Look out for each other!







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The State of Being Absorbed in 17th Century Flemish Paintings in Boston

By Barry Isaac

In late February, I left warm, sunny South Florida to take advantage of the great indoors in Boston to enjoy its splendid art museums once more. I spent over 16 hours in two days studying the Museum of Fine Arts of Boston's prodigious collection of art. This review describes its fine, quality collection of 17th Century Flemish Paintings. I have divided this review into themes such as; religious, portraiture, stillifes, and genre. Most of the 17th Century Flemish Paintings that I studied were produced by painters associated with the city of Antwerp.

17th Century Flanders in present day Belgium was a very prosperous Catholic country. The most dominant painters in Flanders were Peter Paul Rubens, Jacob Jordaens, Anton Van Dyck, and David Teniers the Younger in that time. In the realm of paintings with devotional subject matter, I appreciated Peter Paul Rubens' "Crucifixion." Peter Paul Rubens was associated with the Counter Reformation and the Habsburg Dynasty at a time of extreme conflicts between Catholics and Protestants in Flanders. I also appreciated Peter Candid's devotional theme painting, "Mystic Marriage of Saint Catherine" which is a splendid exemplar of Flemish Tenebrism.

I was absorbed with fine portraiture by Anton Van Dyck "Self Portrait as Icarus with Daedalus: Isabella Lady De Waar," Jacob Jordaens "Portrait of Young Couple," and Peter Paul Rubens "Mulay Ahmad."

In the category of stillifes, I saw noteworthy paintings by Frans Snyders "Grapes, Peaches, and Quince in Niche," the Museum of Fine Arts had a least six stillifes on display by this painter, Isaac Soreau "Stillife With Grapes on Platter," and Osias Beert.

I relished fine genre paintings by Adrien Brouwer "Tavern Yard With Game of Bowls," David Teniers the Younger "Butcher Shop," marvelous light effects, Frans Snyders "Boar Hunt," in 17th Century Flanders, hunting was considered an activity for people of wealth, and Jan Breughel the Elder "Village Scene With Canal," a very punctilious painting.

I also was fascinated with a fine painting by Daniel Seghers that featured a garland of flowers around a religious medallion. Daniel Seghers was a very devout Jesuit in addition to a masterful painter.

In previous visits to the Museum of Fine Arts, I saw marvelous genre paintings by Michaelina Wautier which dealt with the senses. However, this time those works were not on display. Michaelina Wautier was an important Flemish 17th Century female painter.

If and when you visit Boston, I highly recommend the Museum of Fine Arts on lively Huntington Avenue.



David Teniers Younger "Butcher Shop"



Anton Van Dyck



Jacob Jordaens"Portrait of Young Married Couple"



Peter Paul Rubens"Mulay Ahmad"



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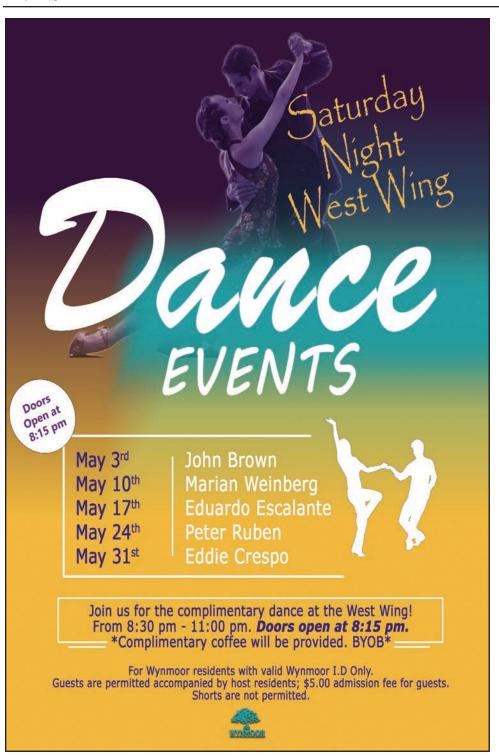
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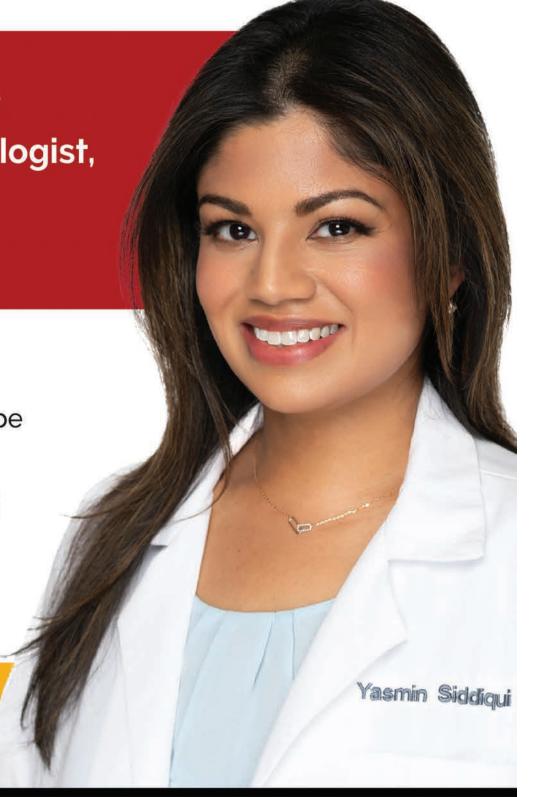
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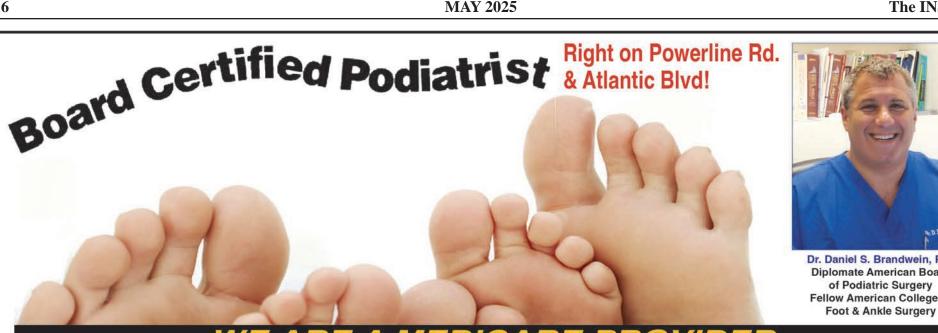
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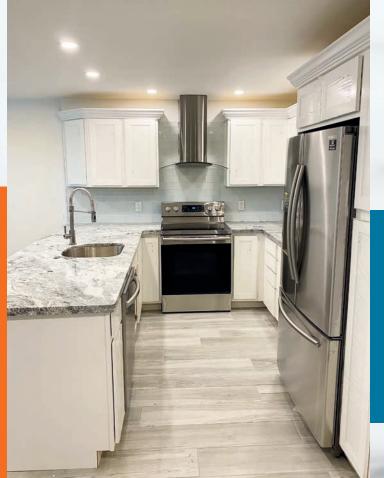
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Are You Living With, Or Worried About Someone Suffering With Chronic Back Pain?

By Leading Back Pain Expert, Todd James

Do you, or someone you love, suffer with back pain? Does the pain get worse when you stand or walk? Do you experience pain, numbness or tingling into your butt or down your leg? Do you have pain when you sit for long periods or drive? Are you afraid your pain will get worse if you don't do anything about it? Has the pain gotten so bad, that you avoid many activities that you used to enjoy?

If you are 55+ and answered YES to any of these questions, then please read on because I have some special information about relief of your back pain.

It's a shame so many people think their options for dealing with back pain are rest, pain killers, or maybe worse, injections or even surgery. Often these solutions are only

temporary, because they don't address the true cause of your back pain, but just mask the symptoms. Others believe there is nothing that can be done, and they will just have to suffer through the pain.

If you or someone you love is experiencing back pain and are wondering if you are doing the right things for your back, I would like to offer a free guide I have created to answer those questions. In this guide, **Erasing Back Pain:** How to Avoid the 9 Most Painful Mistakes and What You Should Be Doing Instead, you will find information about what will not help ease your back pain and how to make the right choices to get you out of back pain and on the road to enjoying an active, healthy lifestyle again.

I'm Todd James, Physical Therapist and I have been helping 1000s of people 55+ over the last 2

decades find quick, natural, long lasting relief from back pain. I've put together this guide because in easing your back pain it's not just about doing the right things, but also about avoiding the wrong things. When you choose the right path, your recovery from back pain will be much more effective.

If you are currently held back from getting a good night's sleep, being able to walk with friends, getting out on the golf course, or playing with the grand-kids, I invite you to visit **www.coconutcreektherapy.com/ backpain** to claim your free guide. If you prefer, give us a call at **954-972-1200** and we'll be happy to assist you.

Don't let back pain take the joy out of your life. Get started on your path to a pain free active life!



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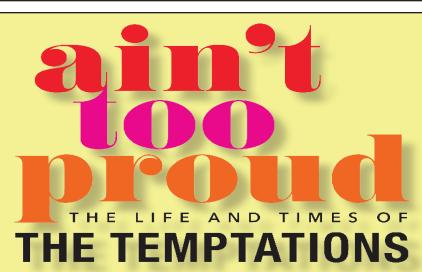


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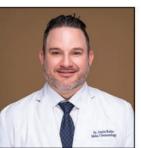


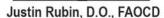


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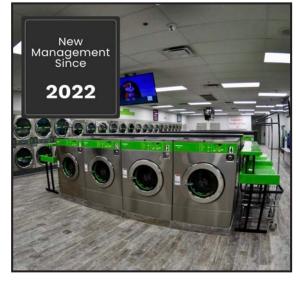
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Legal Plan Checklist To Protect Yourself

By Martin Zevin, Attorney

I have touched on these subjects in many articles. Here is a condensed checklist.

- 1. Current Advanced Care Directives:
- A. Designation of Health Care Surrogate for someone to make your medical decisions if you cannot communicate. Even if you are married, you MUST have this legal document and it needs to be current and done by a Florida lawyer. Do NOT rely on generic forms or a document you got from your doctor or a hospital or out of state documents.
- B. Living Will. Very specific Florida language regarding "pulling the plug." Must be witnessed and notarized and designate someone to make the final decision.
- C. Durable Power of Attorney. Covers legal and financial matters while you are alive. Again, needs to be done by a lawyer who is aware of current Florida law, including many specific powers that must be initialed by you to be valid. Our current document is 26 pages. When you die, the advanced care directives die with you.
- 2. Last Will and Testament. If you are a Florida resident, you should have a Florida Will and your Personal Representative (Executor) must be a Florida resident OR a blood relative.
- 3. If you own real estate, in Florida or elsewhere, you need one of these to avoid probate when you die.
- A. Life Estate Deed: You own property for the rest of your life and you designate someone on the Deed to inherit it without probate when you die. Be sure it is an "enhanced" (also known as "Lady Bird") Deed to allow you to sell it without consent or joinder of the person you name.
- B. Trust and Deed transferring property to you (and your spouse) as Trustee(s) of your Trust. This allows you to name contingent beneficiaries if your first choice dies before you or with you in a common accident. The Revocable Living Trust also allows you to buy future properties as Trustee and to Amend the Trust at any time while you are alive. The Deed to your



home should have language confirming that it remains your homestead.

Talk to your lawyer about the risks of a Life Estate Deed versus no risks for the Trust.

The above documents should be done with the assistance of an Estate Planning Attorney. The following need to be done by you personally:

- 4. Designate beneficiaries on ALL of your accounts to avoid probate. This is also known as payable on death (p.o.d.), transfer on death (t.o.d.) or in trust for (i.t.f.). Also designate contingent beneficiaries. Each institution has its own forms but it should not cost you anything except some time.
 - 5. If you know that you want to be
- cremated or buried, contact cremation societies or funeral homes to discuss pre-need plans. You will be signing a contract to pre-pay for your funeral, saving your loved ones a lot of stress, time and money. Be sure to give a copy of your contract to your primary and contingent Personal Representative so they will know who to call.
- 6. Have car insurance that includes at least \$100,000 of bodily injury liability (b.i.) and uninsured motorist (u.m.). Do not have any deductible on your P.I.P. (no fault). If you own more than one car, consider "stacking", which allows you to double (two cars) or triple (three cars) your uninsured motorist coverage for a small additional premium. Uninsured motorist is the most important insurance you can have, since Florida does not require bodily injury coverage.

If you do all the homework on this list, you are well on your way to getting an "A" in Legalities of Life 101.

I am available for a free personal meeting or phone consultation regarding Estate Planning. Call me at 954-569-4878. My address is 3275 W. Hillsboro Blvd., Suite 204, Deerfield Beach, Florida 33442. My website is www. martinzevinpa.com and my e-mail address is martinzevin@netzero.com.

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Martin Zevin, head of the firm, has been practicing in the areas of Personal Injury, Wills, Trusts & Estates in Broward & Palm Beach Counties since 1973.

During this current time of social distancing, I have been consulting with clients via phone, e-mail and regular mail. In the past, my free initial consultation would normally be a personal meeting.

We offer free consultations for all personal injury cases, including car accidents, slip and fall, pedestrians, bicyclists, etc.

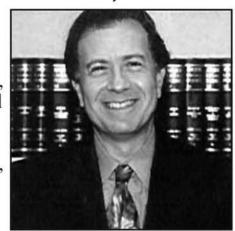
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- 2. What is Probate, how long does it take and what are the costs and attorney's fees?
- 3. Why is it important for every adult to have a Durable Power of Attorney, Designation of Health Care Surrogate and Living Will?
- 4. Review of your current legal documents.

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- 2. How long will it take to settle or go to court?
- 3. How much for costs and attorney's fees?
- 4. Referrals to doctors.
- 5. Review of your car insurance.



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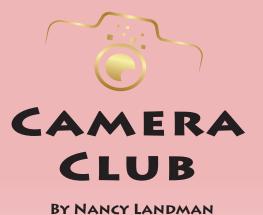
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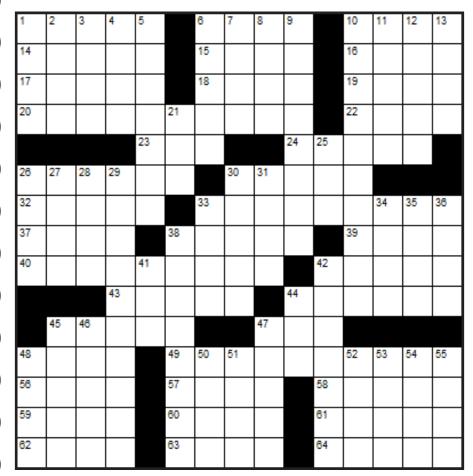
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Puzzles and Games

Solutions on page 62

Crossword Puzzle



ACROSS

- 1. Economic down time
- 6. Long, long time
- 10. Rate
- 14. Reef material
- 15. Fee for transit
- 16. Winglike
- 17. Drama set to classical music
- 18. Linen raw material
- 19. Edges
- 20. Richest
- 22. Assist illegally
- 23. Levy
- 24. Up to
- 26. World
- 30. Steam
- 32. Hardship 33. Helpers or benefactors
- 37. Smooth or level
- 38. Small and light boat
- 39. Leave out
- 40. Educator
- 42. A food flavoring
- 43. They connect points
- 44. Foot part
- 45. Small boat

- 47. North northeast
- 48. Town

- 57. Not under

- 64. Regards

- 1. Flat-bottomed boat
- 2. Easy gait
- 3. Fertilizer component
- Crumbling earthy deposit

- 8. Ages
- 9. Sixfold
- 10. Airborne troops
- 11. Excuse

- 49. Rejuvenate
- 56. Harness part

- 58. Formula 1 driver 59. Inactive
- 60. Require
- 61. Aromatic solvent
- 62. Blend
- 63. Sounds of disapproval

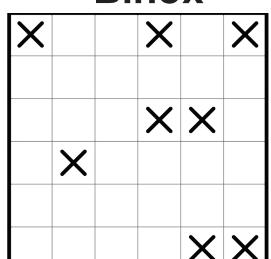
DOWN

- Serving dish
- 6. Append
- 7. Storm

- 12. Humped animal
- 13. Formerly (archaic)
- 21. Cap

- 25. Gesture of assent
- 26. Get ready
- 27. Not prerecorded
- 28. Ancient
- 29. Neutral
- 30. 2nd planet
- 31. Balm ingredient
- 33. Engage in
- 34. Broadcast
- 35. Oriental grain
- 36. Stair 38. Engage aggressively
- 41. Image format
- 42. Smiled scornfully
- 44. Hotel
- 45. Soft leather
- 46. Small shrimplike crustaceans
- 47. Geeks
- 48. The top edge of a container
- 50. Nights before
- 51. Nerd
- 52. Assess 53. Dull pain
- 54. Abound
- 55. Makes a mistake

Binox



The finished puzzle should be filled with Xs and Os. Horizontally and vertically, there should never be a continuous run of the same symbol longer than 2. There are an equal number of Xs and Os in each row and column. All rows are unique. All columns are unique, too.

Sudoku

				9	7			8
	2							
							1	2
		5		1		4		
					6	4 8 6	7	
8						6		
3				6			4	
		2	8					7
7	1				3			

Use your logic to find the correct number for each square. When finished, all nine rows across, all nine columns down and all nine 8-by-8 boxes must contain all nine numbers, 1 through 9 with no repeats.

Mother's Day

Find and circle all of the words that are hidden in the grid. The remaining letters spell an additional item.

Α	Н	U	G	S	С	М	F	Т	Т	D	G	Н	0	D	В	Т	Н	Е
Υ	L	-	М	А	F	L	S	R	Ν	Ν	Е	R	Ε	Ε	Ν	S	Α	G
Е	R	Α	R	S	0	Μ	U	U		Α	G	S	Α	L	S	-	Ν	D
А	Τ		U	W	Μ	S	G	Т	Ρ	Ν	R	U	S	G	Ρ	1	Κ	E
R	Ν	Α	Е	G	Т		R	Ν	-	Ρ	Т	E	Ν	Е	٧	F	G	٧
G	Е	R	R	-	Н	0	L	Н	-		0	1	L	0	L	Ν	U	0
J	S	Н	Ν	Е	F	Т	С	E	F	Т	R	R	L	0		В	D	L
R	0	G	Τ	М	D	Α	Е	U	S	U	Ρ	E	Τ	Ζ	Τ	Р	Ε	E
Т	Ρ	Υ	0	0	Е		L	R	Τ	Е	Μ	E	А		R	Α	٧	В
Е	R	С	D	Т	Μ	Е	S	R	0	٧	F	Μ	С	0	٧	Т	0	E
Ν	Ε	Т	Ε	G	Ν	D	U	Ν	Е	-	Α	R	U	С	Ν	E	Т	С
D	С	Н	Ε	Ν	S	Ν	S	Α	0	Τ	Ν	D	D	С	А	Н	Ε	_
Ε		0	S	-	R	Ε	S	Ρ	Е	С	Т	F	U	L		L	D	Ν
R	0	U	S	R	Α	D	٧	-	С	Е	G	E	Ν	Ε	R	0	U	S
R	U	G	Ε		L	U	F	Н	С	Т	А	W	G		\vee	Ι	Ν	G
0	S	Н	L	Ρ	Ε	S		W	D	0	А	G	Ν		R	Α	Н	S
Т	R	Т	F	S	G	Ν	1	G	А	R	U	0	С	Ν	Е	E	Ν	S
Ν	L	F	L	Ν	Ε	Ε	Ρ	S	Μ	Ρ	0	U	G	Ν	0	R	Τ	S
Е	Ν	U	Ε		D	L	Υ	L	-	S	Т	Е	Ν	Ε	R	I	Ν	┰┃
М	Н	L	S	D	Е	Α	R	L	U	F	R	Е	D	Ν	0	W	Е	М

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Your articles are welcome for submission in the INSIDER Newspaper. The BEST way to receive them is by email to: wynmoorads@aol.com as a word document in upper and lower case. You can also mail your article/s to INSIDER News Group, 8212 Half Dome Court, Boynton Beach, FL 33473.

When mailing articles they must be clearly written or typed in upper and lower case and have a contact number for questions (not for publication).

IT IS IMPORTANT that the information submitted is TIMELY. Please <u>watch</u> dates!

Your photos are welcomed as well! Attach it/them to the email or put them in the mail them with the article. If you want them returned, please enclose a self addressed - stamped envelope.

Our deadline is the 10th of the month preceding an issue. **Example: October 10th for the Nov. issue.**

If the 10th falls out on a weekend, we will extend the date to the following Monday.

All articles received after the deadline will

go in the following issue.

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By Barry Singer



Remembering the Forgotten War

June 18th marks the 213th anniversary of the War of 1812, the second and last time the United States of America went to war with Great Britain.

The War of 1812 was fought to safeguard our seaborne commerce and to end the impressment of our seamen by Great Britain. However, this war has been forgotten, some historians say, because we also had less than noble motives, because we did not win the war, and because we showed amateurishness early on. For example, since Washington, DC contained no commercial or military goods, few expected an attack there, no meaningful defense was prepared, and the city was largely burned to the ground.

American Ambassador to Britain, James Monroe, protested that thousands of Americans had been impressed into Royal Navy service. The British, however, had a different view of citizenship. They did not recognize the right of a British subject to give up his citizenship and become a citizen of another country. Thus, the impressment of American sailors continued. It is estimated that between 1793 and 1812, as many as 15,000 sailors had been impressed by British Royal Navy.

One of the less noble motives of the United States was the desire to annex Canada and thus expel the British completely from North America. This notion led to the misguided invasion of Canada by Continental forces. The previous invasion, in 1775, led to the decisive defeat of the Continental Army at the Battle of Quebec on December 31, 1775.

The war was conducted in three theaters: the Great Lakes, at sea, and in the southern states and southwest territories. There were many campaigns, with victories and defeats on both sides. As the US naval ships were no match for the size and depth of the British Royal Navy, many single ship engagements took place. In these encounters, the size and power of the ship itself was the main deciding factor. Some notable single ship battles were the USS Constitution vs HMS Guerriere in August 1812 (image shown), and then, in December the USS Constitution (commanded by William Bainbridge) vs the HMS Java. After a huge cost to both sides over two years, peace negotiations began in Ghent in August 1814. Both countries realized that they had nothing to gain from a protracted war. Finally, the Treaty of Ghent was signed on December 24, 1814, establishing the pre-war status quo.

The War of 1812 is a conflict most are happy to forget. However, there are





HISTORIC MOMENTS

some important reasons to remember it, too. US Navy Commodore William Bainbridge, commander of the USS Constitution, one of the fledgling US Navy's most durable frigates, captured the HMS Java off the coast of Brazil. Naval victories such as this helped end the war sooner. Ironically, and opposite to expectations, the United States, although faring poorly on land, fared well against the British on the high seas (where it was Mistress). Victories at sea and on the Great Lakes proved the United States could defend itself on the seas and laid the foundation for the modern US Navy. The saying "Don't give Up the Ship," issued by Oliver H. Perry's flagship during the Battle of Lake Erie, became the motto of the US Navy and has inspired US naval cadets ever since. The Battle of Baltimore moved Francis Scott Key to write the Star-Spangled Banner which by 1931 had become the United States' national anthem. Andrew Jackson's victory at the Battle of New Orleans inspired confidence in our regular army and helped catapult him into the presidency.

Perhaps the most important result was the fledgling United States of America emerging from the war of with a new sense of self confidence having shown it could defend its recently won freedom. So as June 18th arrives, we should remember this conflict as an important milestone of America's heritage of freedom.

Barry Singer

Barry Singer lives part of the year at Wynmoor and is a volunteer with the Historical Society of Princeton, NJ, speaking about the American Revolution and leading walking tours in historic Princeton. To learn more about Barry's activities, visit www.barrysinger.co



USS Constitution vs HMS Guerriere By Anton Otto Fischer

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Service Equals Reward

By Sheriff Gregory Tony

Addressing Opioid Addiction Mental Health Together

Broward County, like many communities across the nation, has been affected by the opioid crisis. Over the years, we have witnessed the tragic effects of addiction, leading to countless lives lost and families torn apart. Understanding that addiction cannot be effectively addressed without mental health awareness and support, the Broward Sheriff's Office (BSO) has adopted a multifaceted approach that prioritizes both addiction recovery and mental well-being.

BSO, in partnership with healthcare providers and community organizations, has deployed a comprehensive strategy to address these crises, incorporating intervention, education and mental health support. We have equipped our patrol deputies with naloxone, a life-saving opioid

overdose reversal drug, and have successfully saved hundreds of lives. Our partnerships with key stakeholders have led to public awareness campaigns and prescription drug takeback programs that are making a tangible impact. We have provided our deputies and investigators with high-tech drug detection devices that are extremely accurate in determining the presence of dangerous substances in trace amounts to limit exposure while conducting investigations. BSO's Community Programs Treatment Division continues to service the 17th Judicial Circuit's Drug Court Program and remains vigilant in determining and testing for new and dangerous street drugs.

To enhance intervention efforts, we have integrated peer specialists into our jails, ensuring those struggling with addiction receive immediate



support and access to treatment, including medicationassisted therapy. Additionally, we have helped secure funding for behavioral health receiving centers, providing first responders with alternative locations to transport individuals in crisis rather than defaulting to incarceration. We recognize many individuals facing addiction are also battling mental health challenges, and these receiving centers offer integrated care to address both.

Our strategy extends beyond enforcement to proactive solutions focusing on education, treatment, long-term recovery and mental health awareness. By leveraging crime mapping, overdose fatality reviews and data-driven

approaches, we are identifying high-risk areas and deploying targeted outreach efforts. We have also worked with state and federal agencies to secure funds necessary to ensure our county continues to have the resources needed to combat this crisis.

While there is still work to be done, we are encouraged by the positive results we've seen. Our commitment remains steadfast, and we will continue to fight for solutions and support those in recovery.

If you or a loved one is struggling with addiction, we urge you to reach out to our community partners and utilize the resources in place to support you. Call 211 or visit Broward Addiction Recovery Center and the United Way of Broward County for more information. Together, we can continue to make a difference and build a safer, healthier Broward County.

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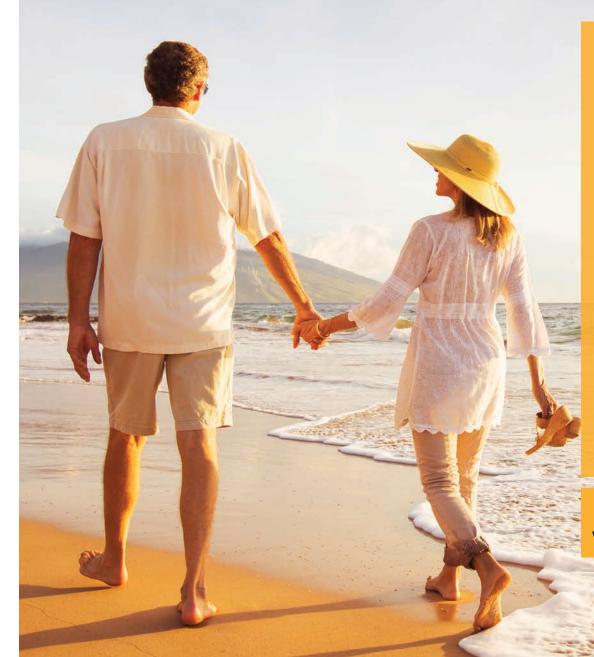


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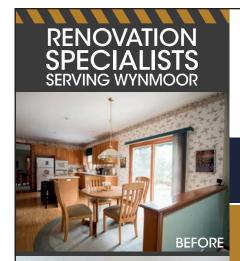
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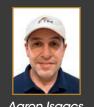
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Taking Charge of My Heart Health -**And You Can Too!**

By Ginny Nelson

After reading the article in March's issue of this paper, I thought, why not? Nothing to lose by getting a CTA heart scan. I've never had any coronary problems, and neither have my parents or anyone else in my family. But guess what? That scan ended up being a game-changer — I wound up needing two stents!

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Now, I feel empowered to take better care of myself — and to encourage you to do the same. Spread the word. Take the scan. You've got nothing to lose and everything to gain.

Get on it!

Women Interested In Travel?

By Jayne Chapman

I'd like to organize a women's group dedicated to women who enjoy traveling. Depending on the number who respond, this group will either meet in my apartment or outside the restaurant at the Cove. We would meet monthly and discuss where we've been and where we'd like to go. Those who discover other's desire to travel to locations they are interested in can plan trips together. We don't all have to travel as a group to the same places - unlike we decide we'd like to.

I've mentioned this idea to several women, and all were interested. So, if this idea interests you, please email me at Jayne4Obama@ gmail.com. Once I know the number interested, I will email all with further instructions.

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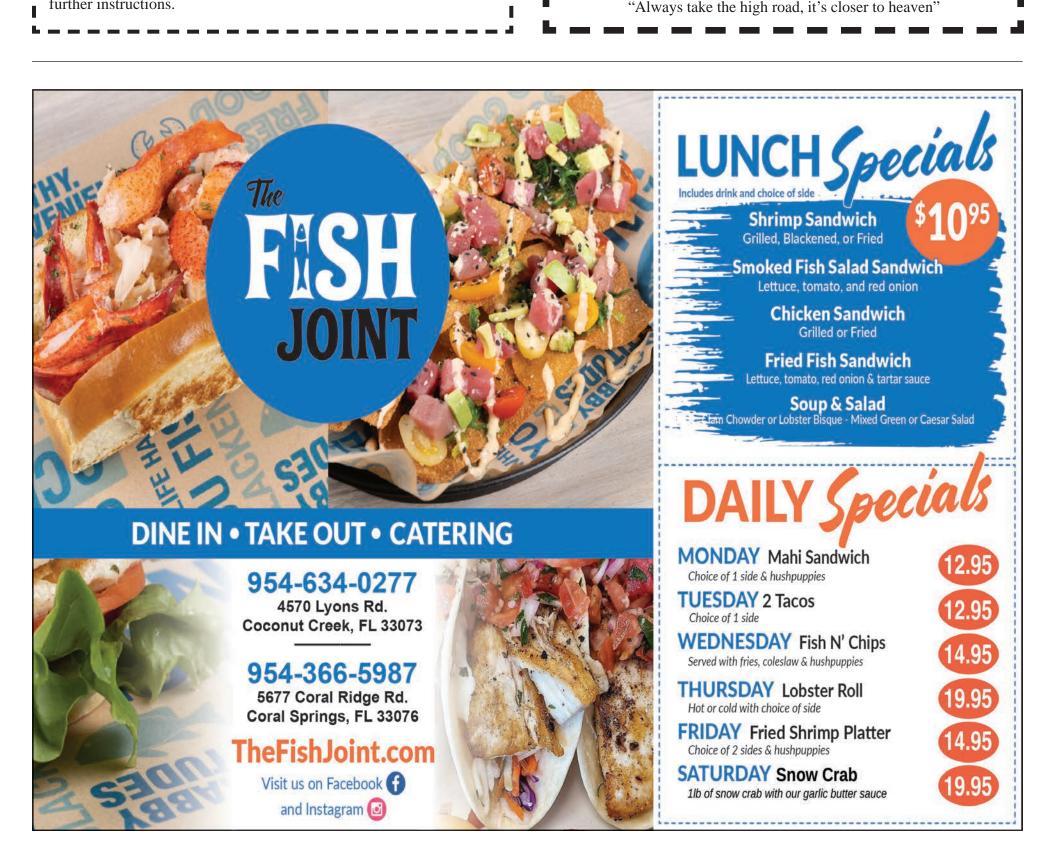
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ASK DR. JOY

By Joy Berke Sanchez Ph.D.



This article is a reprint of a previous one so you may have read it before. It is still relevant. A friend called a while back and suggested I write about depression because she said it's rampant lately. She is, of course, correct. But I don't like writing about depression. I would prefer writing about happiness, appreciation and gratitude for starters. But I do have a few pages about depression in my 'happiness' book so I'll put some of it in here and then perhaps some more on positivity. I have no idea where this will go so, please bear with me.

From chapter 8 of my book *The Depression Epidemic*:

I hate putting a chapter on depression in the middle of a book about happiness but because it is so relevant I would be remiss in leaving it out. I was having coffee one morning with a group and the topic somehow got onto depression and anti-depression medication. It was interesting to me how many people admitted to both. When I was in private practice, I expected depressed people to come to my office, but I kept asking myself why there were so many people feeling that way. Depressed seemed to be almost standard in the way people described themselves. They all had different reasons on the surface, but the underlying reasons seemed incredibly similar. For the most part they were all disconnected from their 'selves', others, and most importantly their sense of unity or spirituality. Most felt isolated whether in fact they were didn't matter and many felt angry. The angry ones were the most difficult to help because it took so long (if at all) for them to take any responsibility for being the cause of their own feelings. It wasn't until they stopped blaming (family, friends, politics, government, businesses, the media, money, inequality, etc.) that they could perhaps begin to work on feeling better.

Even those already medicated didn't seem any happier. They had very little enthusiasm for life and seemed not to have much pleasure on a daily basis. Almost as if they were just hanging out with life. I'm sure they could all give good 'reality' reasons for being unhappy, but those reasons cannot and will not change by being more unhappy. Being unhappy never fixed anything. Actually, focusing on being unhappy, depressed or angry serves to make it bigger and stronger as does focusing on anything.

I go on in the article to talk about biochemical depression and medication but that's not the gist of this article.

I don't often get into politics or world events, but I'll give it a couple of words here because it seems to be part of the pervasive feelings lately. Yes, I guess the world isn't in great shape right now. Just reading the Wynmoor residents' postings on Facebook is enough to make me shudder. But those postings seem like a microcosm of the world and the lack of compassion and love that is so prevalent. They certainly don't sound happy and grateful. So can we stop and take a deep breath and realize that we are all connected and even the candidates that we don't like are part of that unity. Having lived through many administrations and crises, I can honestly say that my life didn't change all that much through any of them. What was going on personally with me was way more important than who sat in the White House. Can we realize that we, as seniors, aren't going to be around forever and being angry and depressed may not be the way we want to spend the rest of our years. Just something to think about.

Actually, I admittedly admire the passion that many of our residents feel and write about whether I agree with their viewpoints and opinions or not. It means to me that the life force is still within them. That they still feel deeply and have convictions. But imagine doing it lovingly and kindly when others don't agree with you. The contrast is what gives rise to expansion. Can we listen without agreeing and making it personal? Without being fearful of someone else's opinion?

Choosing happiness, compassion and understanding will lead to a different type of life than anger and judgment will. Depression will disappear. Can you focus on what you appreciate in your life? When a sad or negative or angry thought pops up, acknowledge it, honor it, let it go and replace it with something that puts a smile on your face. In fact for every negative thought, you have seen if it's possible to think of three positive ones.

I am not referring here to clinical, biochemical depression which is an illness and often requires medication. However, even without it being a chemical imbalance, if you are depressed long enough and continue to flood your system with negativity and beliefs that don't serve you, you can eventually train yourself to be clinically depressed and actually change your biochemistry. Check the work of Dr. Bruce Lipton if this interests you. On the other hand, you can also train yourself to think positively and change your biochemistry in that direction. We have more control and influence than most of us believe we have. Happiness is truly a choice and even a habit as I wrote about last month.

wynmoor

May 2025 Movies

WILL BE PROVIDED. IDs are required; Guests are permitted accompanied by host Resident! Hearing Assist unavailable. Children young than 15 are not permitted in Theatre. No food/drink allowed in Theatre. Bottled Water - OK. No smoking in Theatre including E-Cigarettes. Movies are subject to substitution. There are no refunds or exchanges. Some people are allergic to perfume and cologne If you must use these items, please go lightly. ** MASKS ARE OPTIONAL **



Ex-Husbands

May 4th at 7:30 PM*

Starring Griffin Dunne, Rosanna Arquette and Richard Beniamin. Manhattan dentist Peter Pearce is facing a midlife crisis after his wife of 35 years leaves him. On the spur of the moment, he books a trip to Tulum, Mexico, only to crash his son's bachelor party Rated R. Comedy, Drama.



Alto Kings

ay, May 11th at 7:30 PM

Starring Robert De Niro, Debra Messing, & Katherine Narducci. Two of New York City's most notorious organized crime bosses vie for control of the city's streets. Once best friends, petty jealousies and a series of betrayals set them on a deadly collision course. Rated R for violence and pervasive language. Crime, Drama, True Crime.



Babygirl

esday, May 13th at 2 PM* & 7:30 PM day, May 18th at 7:30 PM

Starring Nicole Kidman, Harris Dickerson, & Antonio Banderas. A high-powered CEO puts her career and family on the line when she begins a torrid affair with her much-younger intern. Rated R for strong sexual content, nudity and language. Drama, Romance, Thriller.



The Unbreakable Boy

uesday, May 20th at 2 PM* & 7:30 PM

day, May 25th at 7:30 PM

Starring Zachary Levi, Meghann Fahy & Jacob Laval. A young boy with both a rare brittle-bone disease and autism transforms everyone around him with his joyous, funny, and life-affirming world view. Rated PG for strong thematic material, alcohol abuse, language and some violence. Drama.



The Green Mile 3 hours, 9 minutes

Tuesday, May 27th at 2 PM* & 7:30 PM day, June 1st at 7:30 PM

Starring Tom Hanks, Michael Clarke Duncan & David Morse. Paul Edgecomb walked the mile with a variety of cons. He had never encountered someone like John Coffey a massive black man convicted of brutally killing a pair of young sisters. Paul began to question whether Coffey was truly guilty of murdering the two girls. Rated R for violence, language and some sex-related material. Docudrama, History, Thriller.

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Deeds and many other important documents are already available online and free on Broward County's Records website and linked from our office's website. To search for a recorded deed on our website, simply search for the property record at https://web.bcpa.net/bcpaclient/#/Record-Search and click on the blue "Book/Page or CIN" number located under "Sales History for this Parcel" on the property record page. This will link you to the recorded document in Broward County Records where you can print a copy from their website.

Deeds recorded prior to January 1, 1978 and recorded deeds utilizing social security numbers must be ordered in person or by written request to County Records. To search for documents recorded with Broward County Records, go to https://officialrecords.broward.org/AcclaimWeb and select your search criteria. Documents matching these criteria will be displayed and you can print a copy of the selected document. Broward County Records may be

reached at 954-831-4000 should you need additional assistance.

Once the deed is recorded with the Broward County Records Division, it is provided to our office so the property record can be updated. If a property owner is registered with our free Owner Alert notification service, the owner will receive an email/text notification of this change along with the link to the recorded document to ensure the change was done at the owner's request. Property owners can register for Owner Alert online at https://web.bcpa.net/owneralert.

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If my office can ever be of assistance to you, please do not hesitate to contact me directly at *martykiar@bcpa.net*.

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book review

By Beatrice Horowitz

A Tramp Abroad

Mark Twain

Mark Twain

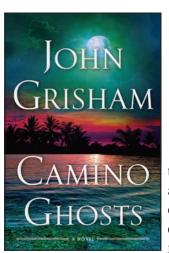
 ${
m A~TRAMP}$

The famous wit describes his journeys through Germany and Switzerland in the 1870s, an era when Americans who could afford it made a thing of traveling Europe for months at a time, gathering stories in hopes of impressing their stateside audiences. Twain pokes fun at those Americans, and at the Germans and Swiss and any other nationality he happens on. His descriptions of tourists going mountain climbing wearing nineteenth-century dress, roped together for safety and, despite that, suffering a fair number of casualties, cast an interesting contrast on twenty-first century tourism. His wit is sharp, if a bit long winded for our Tik Tok

age. He is willing to send himself up at any opportunity, always a plus in a comedian for me. This book, published in 1880, is dated, and that is its chief charm.

Camino Ghosts

John Grisham



The first page of this novel lists the forty-eight books previously written by this author, so we know we are in the hands of an experienced writer. He is perhaps the most skilled storyteller of legal thrillers in this country or the world. The book flows easily, telling the story of a small island off Florida that is claimed by the last descendant of the escaped slaves who lived there for generations, and is now coveted by a real estate developer for the site of a mega development anchored by a casino. There are enough plot turns and surprises of believable magnitude to hold the reader's interest for 290

pages. If the characters sometimes felt to me like placeholders for the actors who would eventually bring them to life in a film adaptation, perhaps that was because I haven't read the previous two books about them in Mr. Grisham's oeuvre.



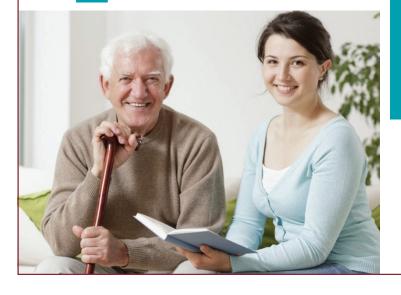




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Articles should be typed, upper and lower case, or clearly written. Articles must have an author and contact information (not published, unless noted in the article). Deadline for articles is the 10th of the month preceding an issue.

Please keep articles to 300 words or less. Please make sure that they are timely and most importantly that they arrive by our **DEADLINE**: The 10th of the current month! All articles that are not received by the 10th of the month may appear in the following issue.

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HEALTH SUMMARY Age | Gender.....73 | Male Condition.....Diabetes & A-Fib

POLICY CASH VALUE: \$18,222 \$120,000 OFFER



POLICY SUMMARY Policy Face Value.....\$2,000,000

HEALTH SUMMARY Age | Gender......83 | Female

...Dementia POLICY CASH VALUE: \$0

\$415,000 OFFER



Policy Face Value.....\$5,000,000

HEALTH SUMMARY

Age | Gender..... ...68 | Male Mild A-Fib ondition

POLICY CASH VALUE: \$0

\$125,000 OFFER

WHAT IS A LIFE SETTLEMENT?

paying off debt, funding a grandchild's education, or covering long-

QUALIFICATIONS

- ✓ MINIMUM AGE: 65 and older
- ✓ FACE AMOUNTS: 100,000 and above
- ✓ POLICY TYPES: Term, Universal Life, Whole Life, and Variable Life
- ✓ POLICY ISSUED: 24+ Months
- ✓ INSURED'S HEALTH: Minor, Moderate or

Major Health Conditions

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*The above are based on real cases but have been fictionalized for illustrative purposes. This program is an alternative to surrendering or lapsing a life insurance policy.

The Liberal Jewish Temple of Coconut Creek A Reform Jewish Congregation Welcoming Everyone

Iris Arlan & Lee Temares

A Slightly Humorous Look at Jewish Superstitions and Their Origins

Jewish superstitions are a fascinating blend of ancient traditions, folklore, and cultural idiosyncrasies. They've been passed down through generations, often accompanied by a knowing wink or a wise nod. While some may view them as mere quirks, others hold them in reverent seriousness. Let's take a slightly humorous look at some of these superstitions and their curious origins.

The Evil Eye

The concept of the evil eye is prevalent in many cultures, but Jewish folklore has its own special twist on this malevolent gaze. The evil eye is believed to cause harm, bad luck, or misfortune to an unsuspecting victim. It's no wonder that Jewish grandmothers often mutter "Keyn ayin hora" (no evil eye) under their breath when someone compliments their grandchildren. Apparently, avoiding compliments (especially about one's offspring) is a surefire way to keep the evil eye at bay. So next time you're at a family gathering, just remember modesty is the best policy!

The Red Thread

If you've ever seen someone wearing a red string bracelet, you might be looking at a protective talisman against the evil eye. This practice, often associated with Kabbalistic traditions, involves tying a red thread around the wrist to ward off negative energies. The origin of this superstition is said to be rooted in mystical teachings, where red symbolizes protection and strength. So next time you see a red thread, remember it's not just a fashion statement, it's a portable shield!

Shoes and Shoe boxes on a Table?

In Jewish homes, putting your shoes on the table is simply asking for trouble. This superstition stems from the belief that it brings bad luck and financial instability. Oh, and there is the YUCK factor.

Shoes and Shoe boxes on a Bed?

Speaking of shoes, placing them on a bed is another big no-no in Jewish superstition. It's believed to bring bad luck and even death. The likely origin of this superstition is practical—shoes carry dirt and germs that you don't want where you sleep. So, the next time you're tempted to rest your sneakers on your bed, think again. It's best to keep your shoes and your bed on friendly but separate terms.

Coins in a Car

Ever found coins scattered in a car and wondered if they ended up there by accident? In Jewish superstition, placing coins in a car new to you is believed to ensure safe travels and financial prosperity. The origin of this practice is less mystical and more practical. In times when tolls and parking meters were a common part of travel, having spare change handy was essential. So, the next time you slip a few coins into your car's console, you might just be invoking an age-old tradition for good fortune on the road.



Sinkers or Floaters

Every Passover, Jewish families gather to partake in the Seder, and a central feature of this festive meal is the matzo ball soup. But beware! Superstition dictates that if your matzo balls are too dense, it could portend a year of hardship. Light and fluffy matzo balls, on the other hand, are a sign of good things to come—perhaps because they require a bit more effort and finesse, symbolizing that good fortune often comes to those who work hard. So, the next time you're mixing matzo meal with eggs oil, remember: your future might just depend on how well you whip those matzo balls into airy perfection.

Did you dream of teeth?

Dreams about losing teeth are unsettling for anyone, but for those steeped in Jewish superstition, they carry a particularly ominous message. Such dreams are believed to predict the death of a loved one. Some say this superstition originates from ancient times when dental health was intricately linked to overall well-being. Losing teeth was a sign that one's health—and life—might be in jeopardy. So, if you wake up after a night of nightmares about missing teeth, don't panic; just be extra kind to those around you and book a dentist appointment, just in case.

Spilled salt?

Many cultures view spilling salt as bad luck, but in Jewish tradition, it goes a step further: it's considered a sign that an argument is imminent. To avoid the impending spat, it's customary to throw a pinch of spilled salt over your left shoulder. This act supposedly blinds the devil lurking behind you, preventing him from causing discord. Next time you fumble with the saltshaker, remember to toss a bit over your shoulder—your family harmony might just depend on it.

Knock on Wood

"Knock on wood" is a phrase often uttered to ward off bad luck after mentioning something positive. In Jewish tradition, this practice stems from the belief that trees, being ancient and wise, have protective powers. The act of knocking on wood is akin to asking these venerable guardians to continue keeping bad luck at bay. So, whether you're celebrating a personal success or simply acknowledging a stroke of good fortune, don't forget to knock on wood—it's always good to have some extra protection on your side.

Rain on Your Wedding Day?

Rain on your wedding day is considered good luck in Jewish tradition. This superstition might originate from the agricultural societies where rain was crucial for crops and prosperity. A rainy wedding day signifies fertility and abundance in the couple's future life together. So, if the skies open up on your wedding day, embrace the downpour—it might just be a blessing in disguise.

Breaking a Glass at a Wedding

Forget about the destruction of the Temple. Who would think of that at a wedding? It was thought to be a reminder to the groom that all would not always be well within the home and to mind his temper. Also, after drinking some wine, the couple would throw a glass at the North wall, making noise to keep evil away. It was believed that evil comes from the North.

While superstitions may seem odd or outdated to some, they offer a unique glimpse into cultural heritage and shared beliefs. Jewish superstitions, in particular, are often intertwined with humor, wisdom, and a touch of skepticism. Whether you choose to follow these practices or simply enjoy the stories behind them, there's no denying that they add a colorful layer to the tapestry of Jewish life.

So next time you find yourself tempted to put shoes on the bed or dream about losing teeth, remember these whimsical origins and smile. After all, life is too short not to appreciate the quirky traditions that make us who we are.

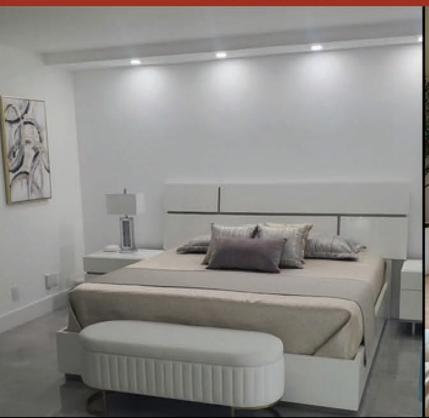
We would love to hear from you about the superstitions your families practiced. It would be interesting to compare notes about countries of origin and branches of Judaism. Drop us a note on our Facebook page.

Our Congregation welcomes everyone who wishes to associate with us. May Services, led by Rabbi Paul Offenkrantz, will take place on May 9th and May 23rd, 7:30 p.m., at the Centura Parc Clubhouse (Copans to 36th Ave).

For general information about The Liberal Jewish Temple's Men's Club, Sisterhood, dues, and activities, please call Iris at 954-532-5268. For questions on Reform Jewish practices and our Services, please call Lee at 954-968-4236.

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Safety Solutions

By Scotty Leamon, Public Safety Information Officer, Coconut Creek Police Department

Water, Bike Safety Focal Points **During the Month of May**

The month of May is both Water Safety and Bicycle Safety Awareness Month in the state of Florida. Many safety tips are basic but basic safety skills and awareness are important.

Water safety

Around many swimming pools belonging to our HOAs, many don't have lifeguards. It's important to always keep an eye on the kids when they're around the pool. Many HOA pools have rescue poles and life rings. Make sure you can see those while you are there so you'll know where to find them in case of an emergency. Even if your young child or grandchild knows how to swim, it's not a bad idea to have them in a life jacket while you're at the pool.

Hot tubs are always a concern for older adults. Users should have enough mobility to get in and out of the hot water, as sitting in it too long can bring on life-threatening consequences. The rules of getting in the water should always be observed when visiting our beautiful beaches here in Broward County as well. Rip currents, especially around this time of the year, are sometimes a concern.

Bicycle safety

If you have a child or grandchild under the age of 16, he or she is required to wear bicycle helmet by state law. It's good for everyone, no matter what the age, to wear a helmet. Studies show that wearing a helmet reduces the chances of injury by up to 88-percent.

Other keys to bike safety include: always riding with the flow of traffic, making sure your bicycle has a headlight and taillight when riding at night,

and remember that a bicycle is no different than a car in the sense that you still must stop at red lights, stop signs, and obey all traffic signals when riding your bike.

Paper Shred Event

Our next Paper Shred Event is right around the corner. It's going to be on Saturday, May 17th, from 9:00 a.m. - 1:00 p.m. at the Butterfly Lot, which is 5280 NW 40th Street. It's the large, city-owned parking lot across the street from the back of the Seminole Casino Coconut Creek. This is for Creek residents only. We encourage a three box, or bag, limit because it is possible to fill the truck up. We shred everything on-site. This is a great opportunity to keep your unwanted documents out of the hands of potential identity thieves.

Latest Scam Alert

In late March, we released the following Scam Alert on our social media: Blackmail scams are the basis for this Coconut Creek Police Department Scam Alert. These scams come in several different forms, including a version related to Facebook. Recently a woman called us after a con artist convinced her that her social media accounts had been flagged due to pornographic material. The scammer asked her to pay to have the images destroyed and unlock her accounts. This is a form of blackmail and a scam. While her social media accounts were hacked, it had nothing to do with pornography. It was a scare tactic and it worked. It's important to have strong, secure passwords on your social media so this doesn't happen to you. Never let anyone frighten you into making some sort of a payment or giving out your bank account information over the phone, via text or email.



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It's Tea Time

Join us at the Country Club Library for Tea and Cookies Every Wednesday 3:00 - 4:00 PM

Have Items You Want To Discuss In Person?

You will have the opportunity to meet Administrator,
Bruce Bandler,
Council Officers, including
President, Jackie Railey
and Wynmoor Department
Personnel.



Israel Network

By Linda Storfer

If you have children, grandchildren or other relatives who have made Aliyah we invite you to join us once a month as we gather on Tuesday mornings at the far end of the Cove. We are a networking and pro-Israel group who advocate on Israel's behalf and our members gather to socialize.



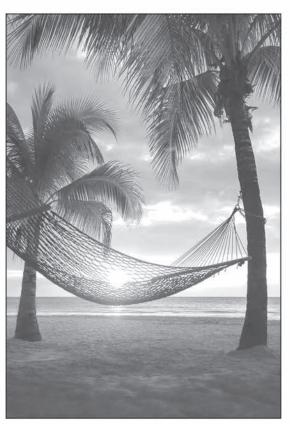
Our next meeting will be held on Tuesday, May 27th - 11:00 a.m. - 12:30 p.m. and we are honored to present Rabbi Arnold Samlan, Chief Jewish Education Officer of Broward Jewish Federation. Rabbi Samlan will speak about his role at the Jewish Federation and the programs he oversees, and programs connected to Israel. He will also discuss how the Jewish Federation assists people in Broward County and how those who are interested

can become involved. Refreshments will be served and door prizes will be given out. To make a reservation please call 412-818-6883. As the 2024-25 season winds down, we bid adieu to our snowbirds and wish them safe travels and a healthy and productive summer. See you next fall.

OBEY TRAFFIC SIGNS

The Coconut Creek Police Department patrols the roadways of Wynmoor on a regular basis. Please obey traffic signs. Violations may result in ticketing.

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Liberal Jewish Temple



We welcome you to join us for Shabbat Services Friday, May 2nd Friday, May 16th

Rabbi Paul M. Offenkrantz Officiating

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All Wynmoor Clubs (regardless of name) are open to Wynmoor residents. Dues may be applicable. To publish your club info here, please email your submission to: wynmoorads@aol.com. The deadline is the 10th of the month, for the next month's issue. Thank you in advance! Please contact the Club President for more information.

Belly Dance Club

By Susan Baladi

ATTENTION WYNMOOR!!! We started the first charter of Shimmy Mob in South Florida. Women dance around the world to bring attention, educate, and help shelter abused women. "We create change, one shimmy at a time." Come to the free Belly Dance Club class and learn more about this wonderful International Organization. You might want to join a world-wide sisterhood.

Belly Dance Club meets weekly on Tuesdays from 3:30 - 4:30 p.m. Check flyers in the library for location. All skill levels welcome. For more info., call Susan Baladi at 954-439-0313 or Stephanie Davis at 551-404-7301.

Ben's Friends Art Club

By Enid Wolf-Schein

Every Saturday a group of art lovers meets in the Country Club Art 12:00 p.m. to express their creativity in some form of media and enjoy the camaraderie of fellow artists. The group is called Ben's Friends Club after the originator. Anyone in Wynmoor is welcome to join this friendly group. If you want more information call Rene Monblatt at 954-933-7755.

Billiard & Pool Club

By Bob Horowitz

Have A/C indoor fun and meet new friends! Players of all skill levels are welcome. The Room is open 7 days a week from 8:00 a.m. to 11:00 p.m.

All residents and their guests* are welcome to play at the Wynmoor Billiards and Pool Room located in the Wynmoor Country Club building, next to the library. Boasting 14 tournament grade regulation size pool tables, 4 heated-3 cushion billiard tables, and one regulation snooker table.

This Pool & Billiard Room has been called the best Pool, Billiard, and Snooker venue, public or private, in all South Florida. Please have your Wynmoor I.D. with you. *Guests must be registered at the Recreation Department, or with the guard at the Clubhouse, or must be accompanied by a resident.

Wynmoor residents can join the Wynmoor Billiards and Pool Club to participate in additional fun events. Past events included Karaoke Night, Comedy Club Night, Group BBQ & Dance, Picnic at *the Cove* with live music, Club Pool & Billiard Tournaments, and other social events for couples and singles.

The cost to join the Wynmoor Billiard and Pool Club is \$10 per year. FREE POOL LESSONS: Put your name / phone # / Address on an envelope requesting lessons in the lockbox in the room or e-mail Wynmoorpoolclub@gmail.com.

Bocce Ball Club

By Jim Erickson

Calling All New Players! The Bocce Ball Club led by Jim Erickson is looking for new members to join the fun!

Here's what you need to know:

- Two Player Groups: Choose the schedule that fits you best!
- Early Birds play Monday through Sunday from 7:30 10:00 a.m.
- Mid-Morning Group play Mondays and Saturdays from 10:00 a.m. -12:00 p.m.
- Affordable Dues: Membership is only \$10 per year!
- Skill Level: All are welcome, regardless of experience.

Ready to Join? Contact Jim Erickson at 954-400-9302 for more information.

Bookies

By Sharon Curtis

The following are the upcoming books: May 6th – James by Percival Everett, June 3rd – *The Goddess of Warsaw* by Lisa Barr, July 1st *The Borrowed Life Of Frederick Fife* by Anna Johnson, August 5th *Anxious People* by Fredrik Backman, September 2nd TBD, October 7th TBD. We will also be doing Stephen King's *11/22/63* in November.

Meetings are held the first Tuesday of the month at 3:00 p.m. in the Sunrise Room in the East Wing of the Wynmoor Theater. Join us for an afternoon of lively discussion along with fun and laughter. We welcome all book lovers. For more information email, scwine101@gmail.com. Please include your phone number.

Bridge Club

By Bram Hamovitch

Bridge players of all levels are welcome to join us in the East Wing of the theater building for our ACBL-sponsored duplicate games. We play on Tuesdays and Fridays at 12:30 p.m. (please arrive no later than 12:15).

I would like to take this opportunity to thank Lenny Fagen for his work this year—teaching our members about how to improve their game. Have a good summer in Toronto, Lenny. And we look forward to you continuing your lessons again next Fall!

Questions about our club? Please contact Joan at 561-676-9390 or masings@ aol.com. You can also email us at wynmoorbridge@yahoo.com.

Camera Club

By Nancy Landman

The Camera Club of Wynmoor welcomes all shutterbugs with varied levels of experience whether you use a traditional camera or a cell phone.

Our meetings are on the first and third Tuesday of each month November through March, from 3:00 - 5:00 p.m. We meet in the Lecture Hall at the Clubhouse. Next season we will have some wonderful presentations as well as photography outings that will include instruction and guidance. In addition, we have members' photographs to view and review.

Interested? You are invited to attend your first meeting free of charge. Yearly membership is: Individual \$10 Couple \$15. If you'd like to see some samples of our recent photos, check out the display case at the clubhouse or the Camera Club section of the News and Views and The Insider.

If you'd like to register as a member, or receive info and updates, send an email to: CCWynmoor@gmail.com. For more information, call or text Jennifer James 917-359-7181.

Ceramics Club

By Tamara Tresniowski

Happy Spring...Are you looking for a place to relax and get your creative juices flowing? Our club is a wonderful place to be creative and meet new friends. Come in and sign up for our 4-session new member class. We have hundreds of molds to choose from all at prices from \$1 to \$3, that make wonderful gifts. Our new member class is \$40, and you get lessons and a set of paints and tools to get your journey started. Dues are \$15. Our club is located at the clubhouse and our new hours are Monday through Thursday from 9:00 a.m. - 12:00 p.m. Come check us out!

Chess Club

(STILL) PLAYS EVERY TUESDAY EVENING By Hillel Cohen

As the Wynmoor season comes to a close, remember that the Wynmoor Chess Club will continue to meet all year long **every Tuesday evening** from 6:30 to about 9:30 p.m. in the (air-conditioned) Card Room 1 of the Clubhouse. To our snowbird members and neighbors heading north, we wish you all safe travels and a healthy and happy summer. To keep in chess "shape" try one of the big chess websites www.chess.com (partially free) and my personal favorite www.lichess.org (totally free!). You can play online computers or live opponents at any level or use their puzzles to sharpen your

For those of us staying in Wynmoor, we look forward to making use of our pools and air-conditioning to enjoy summer right here. All chess players at any level are welcome and no partner is needed. There are no dues and no fees, so if you haven't been to a Tuesday game night, come and give it a try. Chess sets are provided, and games are casual and relaxed. Masks are optional. If you haven't played since high school, don't worry —we hear that a lot. No one's keeping score or rankings and you'll be surprised at how much you remember. Besides, the point is to have a pleasant time while exercising our brains.

Clay Sculpture Club

By Sandy Werner

The Clay Sculpture Club Studio is bordered by the golf course on one side and *the Cove* on the other. The studio is light and beautiful and open to anyone in our Wynmoor community who would like to try their hand at sculpture. We will be offering some introductory courses to encourage and to give courage to those who have not "played with clay" for a very long time.

Please call Sandy Werner at 973-476-6943 or Pierrette Zeestraten at 514-704-4497 for more information.

Continued from page 57

Current Events

By Susan Myers

Please join us each week as we discuss various topics of interest to Wynmoor residents who get together every Tuesday morning from 10:00 - 11:30 a.m. in Card Room 1 within the Country Club area. Topics vary depending on the needs of the individual speaking. We begin each meeting with news related to Wynmoor management issues based on their most recent meetings. Following each meeting, we often get together for lunch. You are always welcome!

Call David Behr at 954-975-9191 and Susan Myers at 954-933-7743.

Democratic Club

By Steve Vajda

May 6, 2025, Meeting - "Politics are Local: Broward County and Tallahassee: Issues for Seniors" Speakers: Mr. Joe Scott, Broward Supervisor of Elections and Ms. Tina Polsky, State Senator. Democratic Club Monthly Meeting: Tuesday, May 6th - Promptly at 2:00 p.m. - Country Club Ballroom - Doors open at 1:30 p.m.

1:30-2:00 p.m.: Boward Supervisor of Elections representatives will be available so attendees can check your status and renew your Vote-by-Mail Registration. This is a requirement by the State of Florida. Broward Property Tax Assessor representatives will be available to make sure you register for Senior discounts and services.

PRESENTATIONS:

2:00-2:15 p.m.: Mr. Joe Scott, Supervisor of Elections for Broward County. Mr. Scott has responsibility for all elections in Broward. He will discuss the importance of Vote By Mail and upcoming registration requirements from the State of Florida.

2:15-2:45 p.m.: Florida Senator Tina Polsky: Senator Polsky has responsibility for representing Wynmoor and other nearby communities in the Florida Senate. She will discuss current legislation impacts on our community and the importance of electing more Democrats in the Florida Senate and House of Representatives.

2:45-3:00 p.m.: WDC Club News and Activities. Alan Weiner, WDC member, will discuss "Stand Up America" Rallies, Phone Calls, Action.

STAY INFORMED: IT IS OUR COMMUNITY. For more information: Stevevajda@hotmail.com or 305-720-5860.

Drawing and Painting Club

By Beatrice Horowitz

We are a year-round club that meets weekly on Wednesday afternoons from 1:00 - 4:00 p.m. in the Clubhouse Art Studio, across from the medical offices. Come and develop new skills or hone your old ones, enjoy the company of other artists, and trade observations and tips. Yearly dues are \$10 and give you access to locker space, first come first serve. Contact beatrice.horowitz@ gmail.com with any questions or just stop by on a Wednesday.

Fishing Club By Paul Vilano

While the Snowbirds have flown the coop the Fishing Club of Wynmoor fishes on through the rest of the year. There are still plenty of opportunities for both saltwater and freshwater fishing all year long. For more information visit the club information carousel in the library. Email fishingclubwynmoor@ yahoo.com and text or call Paul at 516-526-5313.

Fun With Friends 2

By Benjamin Zoe

Our next dance will be on Sunday, June 22nd and will feature The Reaxtion Band. Dance registration forms will ONLY be made available via our website https://wynmoorfwf2.com/ beginning on June 1st. Our May 2025 to April 2026 Memberships began in April. Please use the website to purchase memberships and tickets.

THE REAXTION BAND: You asked for them, we got them. By popular demand we will again present South Florida's Reaxtion Band. They will light up the Ballroom dance floor with their unique blend of Classic Rock, Pop, Latin and more. The event promises to be a high-energy affair that will leave you grooving and moving all night long.

The Reaxtion Band has been a staple of the South Florida music scene for years and has played at numerous, renowned venues, including casinos, hotels, and music festivals throughout the region. With a repertoire that spans decades and genres, the band has earned a reputation for playing the music that keeps audiences dancing all night.

Seating purchases will be sold on a first come, first served basis. The cost



to attend is \$10 for members and \$20 for non-members. NO TICKETS WILL BE SOLD AFTER JUNE 17th.

Membership does not guarantee dance admission due to the Ballroom's legal occupancy limits.

For all other information email admin@wynmoorfwf2.com

Glass Kiln Club

By Vicki Mitchell

The Glass Kiln Club has recently welcomed 18 new members, bringing our active membership to 97, with 100 prospective members on our waiting list! New members are trained at the beginning of each season by club president Oreet Fagen, and there is much to learn! Selecting your glass, cutting it, grinding it, tacking or fusing it, and selecting your mold to slump it are some of the steps in creating the beautiful works that result from these efforts. Jewelry, bowls, dishes, serving pieces, candle holders, night lights, ocean waves, village scenes and free form sculptures are just some of the creative pieces being produced. We also have the chance to learn new techniques and get new ideas from Oreet at the beginning of each season. The club has monthly breakfast meetings and participates in the Art Walk and upcoming Art Show. Club officers, in addition to President Oreet Fagen, include Vicepresident Sharon Schultz, Treasurer Lenny Fagen, and Secretary Judy Platt.

Health and Wellness Club

By Hope Myers, Member Academy Nutrition and Dietetics

Yearly membership (for all of 2025) is \$10. Guest fee is \$5. For more information contact Hope Myers, President at 954-971-9538.

Ladies Circle Club

By Diane San Anton

Our May 22nd meeting will be the installation of our new officers. Back by popular demand, entertainment will be provided by Jeanne Lynn Gray. Jeanne Lynn Gray grew up in South Florida and made a name for herself appearing and starring in musical productions all over the country. She won the Carbonnell and Curtains Up award for best actress in a musical for her portrayal of the character Queen in the show The Life. She was also nominated for a Carbonnel award for Best Actress in a musical in the show The Session. Her appearance promises to be a lively mix of songs and

This is a member-only meeting. Doors open at 11:15 a.m. and our meeting will start at 11:30 a.m. All meetings are held in Ballroom C unless otherwise

Mah Jongg Club

By Judy Palma

For more information, please contact Judy Palma at 609-577-5946 or Nancy Smith at 954-610-1539, or send an email to nancylsmith1021@gmail.com.

Men In Black

By Delio Silva

On March 12th Stuart Weinstein one of our members organized an outing to Gumbo Limbo Nature Center in Boca Raton. Gumbo Limbo is a coastal and marine experience unlike any other! Last year more than 212,000 took a break to enjoy a walk on the boardwalk or climb to the top of Jacob's Outlook observation tower. We all enjoyed a 1-1/2 guided tour of the Nature Center viewing the tropical fish, stingrays, sea turtles and a tremendous variety of marine animals in four large outdoor aquariums.

Afterwords, we all headed south to Bonefish Mac's Sports Grill and had a solid lunch. That's a wrap for the 2024-2025 season. See you next December for more good times!

Until then, Delio Silva

Monday Night Dance and Social Club

By Tamara Tresniowski

May Flowers bring lots of dancing. Come join us and have some fun. May 5th is Cinco de Mayo. Learn East Coast Swing with Patty Cavalieri. Wear your Mexican finest. May 12th our friend and club member Gail Psonis will be teaching Syrto, a traditional Greek dance. May 19th Dan and Dorothy will be teaching Merengue. There is NO DANCE on May 26th, Memorial Day. The last paid dance for the season will be June 2nd where Nancy Price will teach Bachata. It will be a "Starry Night."

Nature And Arts Club

By Linda Storfer

April was another outstanding month which began with our monthly breakfast featuring Helen Hajjer who introduced many of our members to a form of art known as encaustic painting which is done through melted Crayola crayons that are ironed onto a canvas or sheet of paper. Helen is a very talented artist who gave a demonstration of this beautiful art form and produced instant creative artworks right before the audience's eyes. We also visited an old favorite, Bedner's Farm in Boynton Beach where we took a tractor tour of the farm, picked fresh fruit and flowers and topped off our excursion with delicious homemade ice cream. This month we are pleased to present at our monthly breakfast on Thursday May 1st a staff member of the Morikami Gardens and Morikami Museum located in Delray Beach who will speak about this beautiful treasure and acquaint us with this very special place through an informative presentation. On Thursday, May 22nd we have a wonderful trip planned to the Coral Springs Museum of Art which is showing an exhibit on fabric art and the techniques used to create this stylistic form of art. We will also be able to see the Museum's regular art exhibits. Please register as early as possible as space is very limited. All trips and breakfasts are open to members only. For more information about membership please contact Sheryl Darby at 954-977-4008. As we wind down our 2024-2025 season, we say farewell to our snowbirds and wish everyone a healthy and productive summer and safe travels. See you next Fall.



Nature and Arts Club members saying thank you to Nancy Moskowitz at a local restaurant for her six years of serving as President of the N&A Club. Nancy is the third person sitting on the right side at the table.

Needlework Click

By Barbara Bilello

Our meetings for May are the 2nd and 4th Tuesday; May 13th and 27th. The meetings are in the West Wing from 1:00 - 4:00 p.m. We want to thank everyone who has donated yarn or homemade items. If you have yarn or handmade items, you can drop them at a meeting or call Barbara at 754-222-6375. We have a lot of fun at our meeting. Everyone is welcome and if your new to Wynmoor and want to meet new people, please join us. There are no dues as our group consists of all kinds of needle workers and chatters. We serve coffee, tea and yummy snacks. We will miss our snowbirds. Stay safe and healthy. See you in the Winter.

Night Tennis

By Jo Ann Perreault

The Night Tennis program has been run for 16 years under the guidance of Jo Ann Perreault and Dennis Levans. Every Monday, Tuesday, and Thursday nights from 6:30 - 8:00 p.m., with a warmup period beginning at 6:15 p.m., they shepherd players to a good time.

Monday and Tuesday fee of a dollar is requested, no charge on Thursdays.

The money collected is used to purchase balls, so they always play with new balls and the surplus funds are used for pizza parties.

The required skill level is 3.0 – meaning being able to serve, and return serve effectively and to maintain one's part in a rally. If this describes your ability, please come, and join the players for exercise and socializing under the lights.

Pickleball Club

By Mayda Coombs

Did you know that our pickleball courts are open every day from April 1st to October 31st for members and non members. We do ask you to queue up when the courts are full. There are always friendly players around to help you.

From November 1st to March 31st, our members only hours are limited to Monday, Wednesday, Friday and Saturdays from 8:00 - 11:00 a.m. If you don't want to worry about specific days and times, we invite you to become a member. Joining is simple. Just visit www.wynmoorpcw.com, click on "Register," and follow the instructions.

Stone Carving Club

By Gil Savitzky

As we say farewell to our members who are leaving for the next few months, we welcome Wynmoor residents to join us at trying their hand carving stone. Our exhibition last month at Wynmoor Art Show was very well received. We welcome new members with previous skills or those who have never carved stone. Please contact Gil Savitzky at 516-318-7272 or Loetita Capeloto at 954-895-3145.

Please stop by any Wednesday between 1:00 - 4:00 p.m. and see first-hand how this is done. Looking forward to seeing you.

The Republican Club of Wynmoor

Formerly (The Conservative Club)
By Andrea Joy Frankel-Bellitto

Members and future members, the Conservative Club is happy to announce that we have rechartered with the state of Florida back to our original name, The Republican Club of Wynmoor, so from now on we will be known by that name again, however keeping our strong conservative values about God, family and country. Our strong sense of what is right and wrong, especially for children, from family to education.

We are so proud to have as our speaker one of the finest young men I know. In fact, I met him through his involvement with The Young Republicans, a truly wonderful organization for young people who choose to be on "the right"

Lucdwin Luck, inspiring the American generation. Lucdwin Luck is a U.S. Marine Corps Veteran who served for six years, including a distinguished role as a Marine Security Guard at U.S. Embassies in Syria, Brazil, Uruguay, and at the U.S. Consulate in Jerusalem (prior to its recognition as the capital of Israel) between 2008 and 2010. His experiences abroad provided him with a unique understanding of international relations and security in high-stakes environments. Raised by Haitian immigrant parents, Luck's upbringing was marked by resilience and a strong work ethic, shaped by the sacrifices and values instilled by his family. Overcoming adversity, including a lifethreatening vehicle accident at the age of seven that severely injured his father, Luck witnessed firsthand the power of perseverance, education, and community support, all of which profoundly influenced his character and outlook on life. After graduating from the University of Central Florida in 2015, Luck became deeply involved in grassroots efforts during the 2016, 2018, and 2020 election cycles, advocating for civic engagement and community empowerment. His professional path led him to his current role as the Southeast Florida Regional Manager for the Florida Department of Financial Services, where he serves a diverse range of constituents. Keeping aligned with his commitment to public service, Lucdwin Luck will be announcing his candidacy for Broward County Commissioner District 2. Luck is committed to improving healthcare, creating safer communities, and fostering economic opportunities. Combining his military experience, political activism, and dedication to public service, Luck is determined to inspire patriotism and encourage civic engagement for the betterment of all communities in Broward, Florida, and the United States.

Our May Meeting is Tuesday, May 20th - 7:00 p.m. at the Wynmoor Clubhouse - Ballroom A. Dues \$15 per year and a \$2 door fee. \$5 guest fee. We will have a 50/50 raffle, coffee, cookies and water. For information, call Andrea at 954-592-2276.

more clubs...

Continued from page 59

WGA

By Sharon Poulos

Guys and Dolls was a huge success. Angelo DeRobbio changed the format up to make the game a little more challenging. The winning team was made up of all women and their total score was 54. They were on fire! The team members were Donna Griggs, Susan Yang, Carol Fouts and Nathalie Carlson. Congratulations ladies!!

Save the dates October 28th and 29th. Our Hutchinson Island outing is in the works. This will still include a 2-night stay at the resort, 2 rounds of golf with cart and 2 dinners. Jackie Railey stated there was a cost increase for the rooms and dinner. Nothing confirmed yet.

At Tuesday's meeting on April 7th there was talk of possibly doing a summer outing at Top Golf. Been there it is a lot of fun! More information to come.

The last WGA Executive Board meeting for the summer will be held on May 5th. The last WGA General Meeting for the summer will be held on May 7th. Thank you all for an amazing season!!

WLGA

By Linda Sue Lewis-Moors

Throughout the year, WLGA members enjoy special events and weekly tournaments. These provide opportunities to socialize with this group of friendly, active women. In addition, WLGA members also join WGA and enjoy their numerous golf and social events.

For more information, please call Karen Beckman, president, at 262-374-2672.

Women's Non-Fiction Book Club

By Beatrice Horowitz

We focus on reading books by women authors and/or about women's issues. We meet the second Monday of the month at 2:00 p.m. in the Sunrise room for discussion, and the fourth Monday of the month at 12:30 p.m. in the Cafe for lunch and socializing. Hope to see you there.

Women's Pool Group "The MsCues" **By Bob Horowitz**

Have fun and meet new friends! Players of all skill levels are welcome. We meet every Tuesday from 3:00 - 5:00 p.m. at the A/C indoor Wynmoor Billiard and Pool Room located in the Wynmoor Country Club, next to the library. Please have your Wynmoor I.D. with you.

MsCues Members are members of the Wynmoor Billiards and Pool Club and can participate in additional fun events. Past events included Karaoke Night, Comedy Club Night, Group BBQ & Dance, Picnic at the Cove with live music, Club Pool & Billiard Tournaments, and other social events for couples and singles.

Any questions about the MsCues contact Carol at cas242@hotmail.com or call 978-979-1681. The cost to join the Wynmoor Billiard and Pool Club

FREE POOL LESSONS: Put your name / phone # / Address on an envelope requesting lessons in the lockbox in the room or e-mail Wynmoorpoolclub@ gmail.com.



Woodworking Club

By Ernie Fleury

The Wynmoor Woodworking Club is open 7 days a week from 9:00 a.m. to about 4:00 p.m. We are located at the east end of the Clubhouse. There is a club officer present daily and inquires can be addressed by most members present at that time.

Writers' Workshop

By Judy Weissman

I am anticipating May flowers, which April showers brought. If your writing wants to grow, come to the Writers' Workshop for sunny encouragement and a stream of feedback. If interested, email Nancy Heller Moskowitz, Club President at laughlady55@aol.com

Wynmoor Hadassah

By Judy Goldman

There were over 150 guests who participated in our fabulous Wynmoor Hadassah Luncheon on April 4th. I have only received positive comments from everyone and want to thank you all. I also want to express how lucky we are to have the support of the Wynmoor Ballroom staff, led by Vito, who helped us and always with a smile.

Hope you all had a wonderful Passover.

Our next meeting is Wednesday, May 7th at 12:45 p.m. in the West Wing. Watch your emails for more information.

Please call Judy Goldman at 954-610-9459 for any questions.

Wynmoor Short Film Festival Club

By Enid Wolf-Schein

The 5th Annual Short Film Festival held on March 21st and 22nd had an enthusiastic crowd each day. The audience favorite was "GameFace" which will be shown again at the next Fest. This note from Margit Tolnay sums up what we heard from the audience.

"Captivating!" "Highly entertaining!" "Oscar-worthy performances and productions!" This year's buzz-worthy film festival had something for all, from gun-toting males and females, life altering aliens, to films making you want to get up and dance. Wynmoor film goers were treated to clever, captivating, compelling drama and comedy. The Wynmoor Short Film Festival continues to grow and elevate the movie experience each year. The audience had movies, photo ops on the red carpet, popcorn, wine and more entertainment after the screenings. If you missed out on seeing what the Wynmoor filmmakers and performers (your very own talented neighbors) are creating, definitely put it on your "must-see list" next year! It was sold out Friday night and the matinee only had a few seats left. Bravo to the filmmakers, the performers, the directors and the producers! Take a welldeserved bow!

Wynmoor Video and Film Club

By Eddie Dex

The Wynmoor Video Club is currently involved in a Video production capturing the History of Wynmoor on the 50th Anniversary of our community 1974-2024. We are celebrating half a century of so many people enjoying life in this wonderful, over 55, living community we call home.

We ask that anyone who may have some old photographs or videos of the early days of life and activities at Wynmoor, in past years, to please contact the club email address. Photos or videos can be sent to: wynmoorvideo@ gmail.com, on Facebook we are at Wynmoor Video Club, on YouTube at Wynmoor Video Club, or contact Eddie Dex at 954-305-4627.



Group of Artists

By Beatrice Horowitz

We are a group of artists who work in different media and enjoy the camaraderie of sharing space and giving each other encouragement and feedback at our weekly sessions. We meet year-round on Wednesday afternoons from 1:00 - 4:00 p.m. in the art studio at the opposite end of the clubhouse from the cafe. Stop by to see us! Send questions to beatrice. horowitz@gmail.com.

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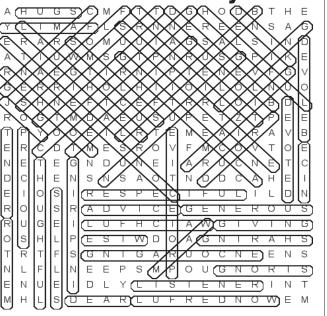
Puzzles and Sames

Solutions from page 26

Crossword Puzzle



Mother's Day

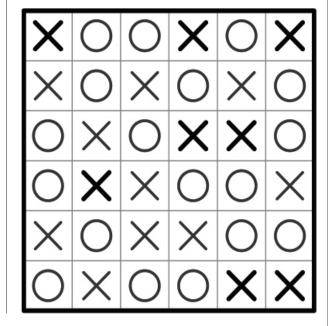


The hidden message is: A MOTHER'S ARMS ARE MADE OF TENDERNESS AND CHILDREN SLEEP SOUNDLY IN THEM

Sudoku

1	4	6	2	9	7	3	5	8
9	2	3	1	8	5	7	6	4
5	8	7	6	3	4	9	1	2
6	7	5	9	1	8	4	2	3
2	9	1	3	4	6	8	7	5
8	3	4	5	7	2	6	9	1
3	5	8	7	6	1	2	4	9
4	6	2	8	5	9	1	3	7
7	1	9	4	2	3	5	8	6

Binox



T

Trivia * Trivia

Who is considered the "Father of Relativity?"

Answer: Albert Einstein

The unicorn is the national animal of which country? **Answer: Scotland**

Who wrote "To Kill a Mockingbird"? **Answer: Harper Lee**

How long was the first Thanksgiving? **Answer: Three days**

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